



ARE YOU LIVING WITH A COMPULSIVE GAMBLER?

1. Do you constantly find yourself bothered by bill collectors?
2. Is the person in question often away from home for long, unexplained periods of time?
3. Does this person ever lose time from work due to gambling?
4. Do you feel that this person cannot be trusted with money?
5. Does this person in question faithfully promise that he or she will stop gambling? Do they beg, plead for another chance, yet gamble again and again?
6. Does this person ever gamble longer than he or she intended, until the last dollar is gone?
7. Does this person immediately return to gambling to try to recover losses or to win more?
8. Does this person ever gamble to get money to solve financial problems or have unrealistic expectations that gambling will bring the family material comfort and wealth?
9. Does this person borrow money to gamble with or to pay gambling debts?
10. Has this person's reputation ever suffered due to gambling, even to the extent that he or she has committed illegal acts to finance gambling?
11. Have you come to the point of hiding money needed for living expenses knowing that you and the rest of the family may go without food and clothing if you do not?
12. Do you search this person's clothing or go through his/her wallet when the opportunity presents itself, or otherwise check up on his/her activities?
13. Does this person in question hide his/her money?
14. Have you noticed a personality change in the gambler as his or her gambling progresses?
15. Does this person in question consistently lie to cover up or deny his or her gambling activities?
16. Does the person in question use guilt induction as a method of shifting responsibility for his/her gambling upon you?
17. Do you attempt to anticipate this person's moods or try to control his/her life?
18. Does this person ever suffer from remorse or depression due to gambling—sometimes to the point of threatening self-destruction?
19. Has the gambling ever brought you to the point of threatening to end the marriage/relationship?
20. Do you feel your life together is a nightmare?

If you are living with or have a friendship with a compulsive gambler, you will answer yes to at least 6 of these questions.

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